

Top 5 Auriculotherapy Treatment Requests

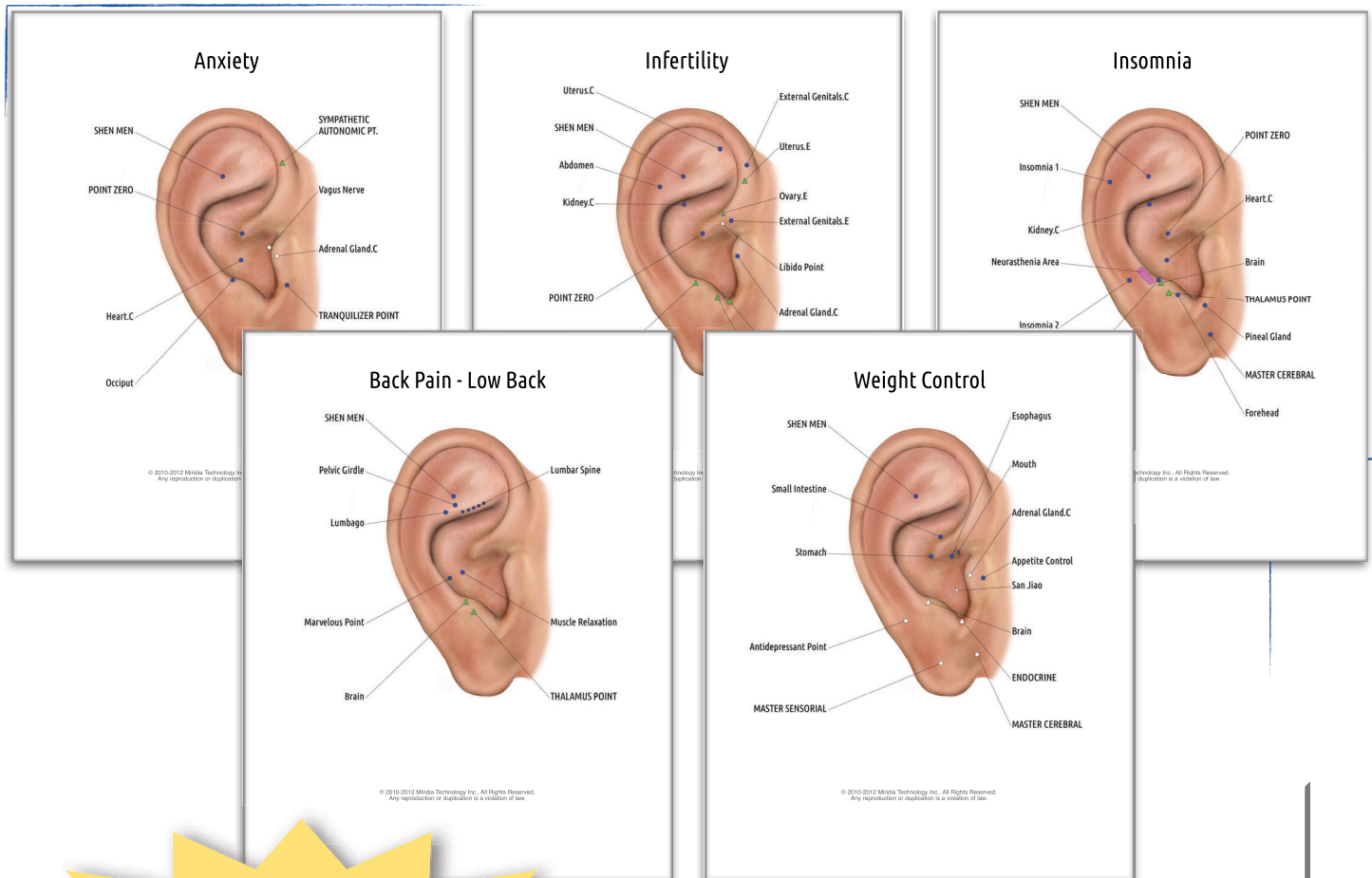
These charts are brought to you courtesy of

Auriculo 3D

The World's Most Powerful Auriculotherapy Software

Auriculotherapy (ear acupuncture) is fast, easy to apply, and wonderfully effective. The key is to treat the right points.

Auriculo 3D software makes it easy to know exactly what points to treat for the more common conditions. This report includes printed charts and point information from Auriculo 3D for the top 5 conditions treated with auriculotherapy.



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MIRIDIA
ACUPUNCTURE
TECHNOLOGY

Legend

Primary

-  Surface Point
-  Hidden Surface Point
-  Covered Surface Point
-  Area

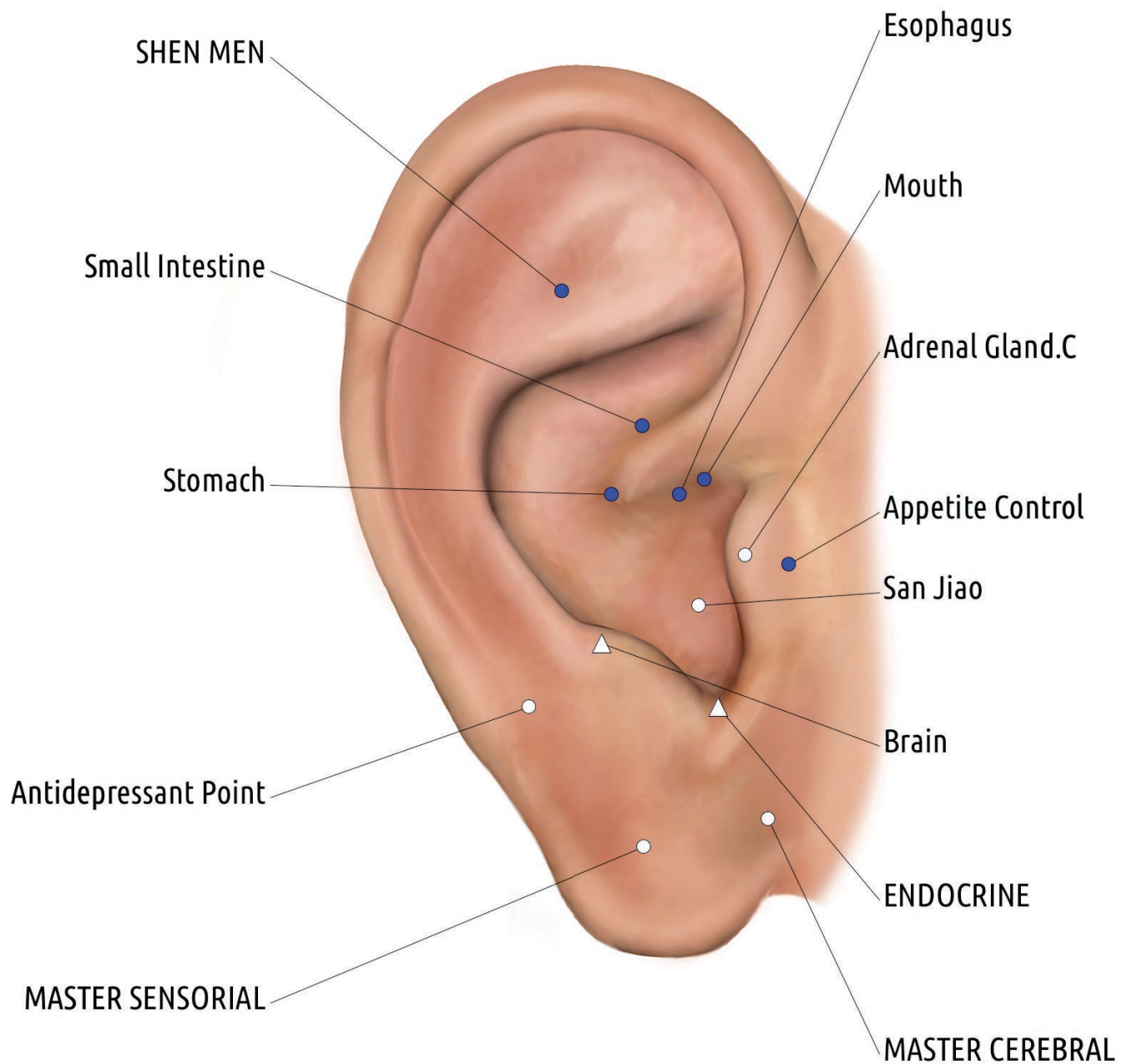
Supplementary

-  Surface Point
-  Hidden Surface Point
-  Covered Surface Point
-  Area

Notations

- .C = Chinese Auricular Point
- .E = European Auricular Point
- ALL CAPS = Master Point

Weight Control



Protocol Information

Description

Weight control is defined as the elimination of excess body fat to achieve a healthy body mass.

Causes

Excessive body weight may be caused by excessive caloric intake, genetics, environment, food choices, and behavioral or socioeconomic factors.

Point Information

Adrenal Gland.C

Regulates adrenocortical stress hormones, fight-or-flight response, and inflammation; constricts blood vessels; used for hypotension, hypertension, respiration, asthma, skin diseases, menstrual problems, Addison's disease, Cushing's disease.

Antidepressant Point

Used for depression and mood swings. When treating electrically, the common frequency for this point is 80 Hz.

Appetite Control

Relieves hunger, diabetes, compulsive eating, overweight disorders. Combine with Stomach Point for reduction in food cravings.

Brain

Affects the cerebral cortex: memory, attention, thought, awareness, consciousness, intelligence; blood supply to the brain; affects the pituitary; central nervous system: headache, loss of feeling, memory loss, muscle weakness, tremors; digestive system disorders; endocrine disorders; relieves pain; eases the mind.

Endocrine

Balances the endocrine hormones to raise or lower glandular secretions; used for hyperthyroidism, diabetes mellitus, hypersensitivity, rheumatism, urogenital disorders, climacteric syndrome (the time in a woman's life when ovaries begin to decline and eventually stop producing eggs); activates the pituitary gland of the brain (master gland of the brain which controls all other endocrine glands); has anti-inflammatory and anti-allergic effects. Assists absorption and digestion functions; promotes water metabolism.

Esophagus

Used for rebellious stomach qi: heart burn, indigestion, acid reflux, nausea, vomiting, hiccups; also for sore throat, plum pit sensation, fullness in the chest, breathing difficulties.

Master Cerebral

Addresses pre-frontal lobe of brain. Affects decision making and initiates conscious action. Used for nervous anxiety, fear, worry, obsessive-compulsive disorders. Neurasthenia includes lassitude, irritability, lack of concentration, anxiety, and extreme fatigue. This point addresses these symptoms and promotes deep sleep.

Master Sensorial

Controls the brain: cerebral cortex, parietal lobe, temporal lobe, occipital lobe; reduces any unpleasant or excessive sensation, tactile paresthesia, tinnitus, blurred vision.

Mouth

Used for mouth disorders: glossitis, periodontal disease, temporomandibular joint dysfunction, bleeding gums, laryngitis, pharyngitis, stomatitis, facial paralysis; stops cough. Also used for insomnia.

San Jiao

This point addresses the San Jiao (Triple Energizer) meridian of Traditional Chinese Medicine. When treating electrically, the common frequency for this point is 20 Hz.

Shen Men

Tranquilizes the mind, allows a connection to one's spirit; alleviates stress, pain, convulsions, tension, anxiety, depression, insomnia, restlessness, excessive sensitivity; reduces coughs, fevers, inflammatory diseases, epilepsy, high blood pressure. Helps all other auricular points work better. Key point for alleviating pain.

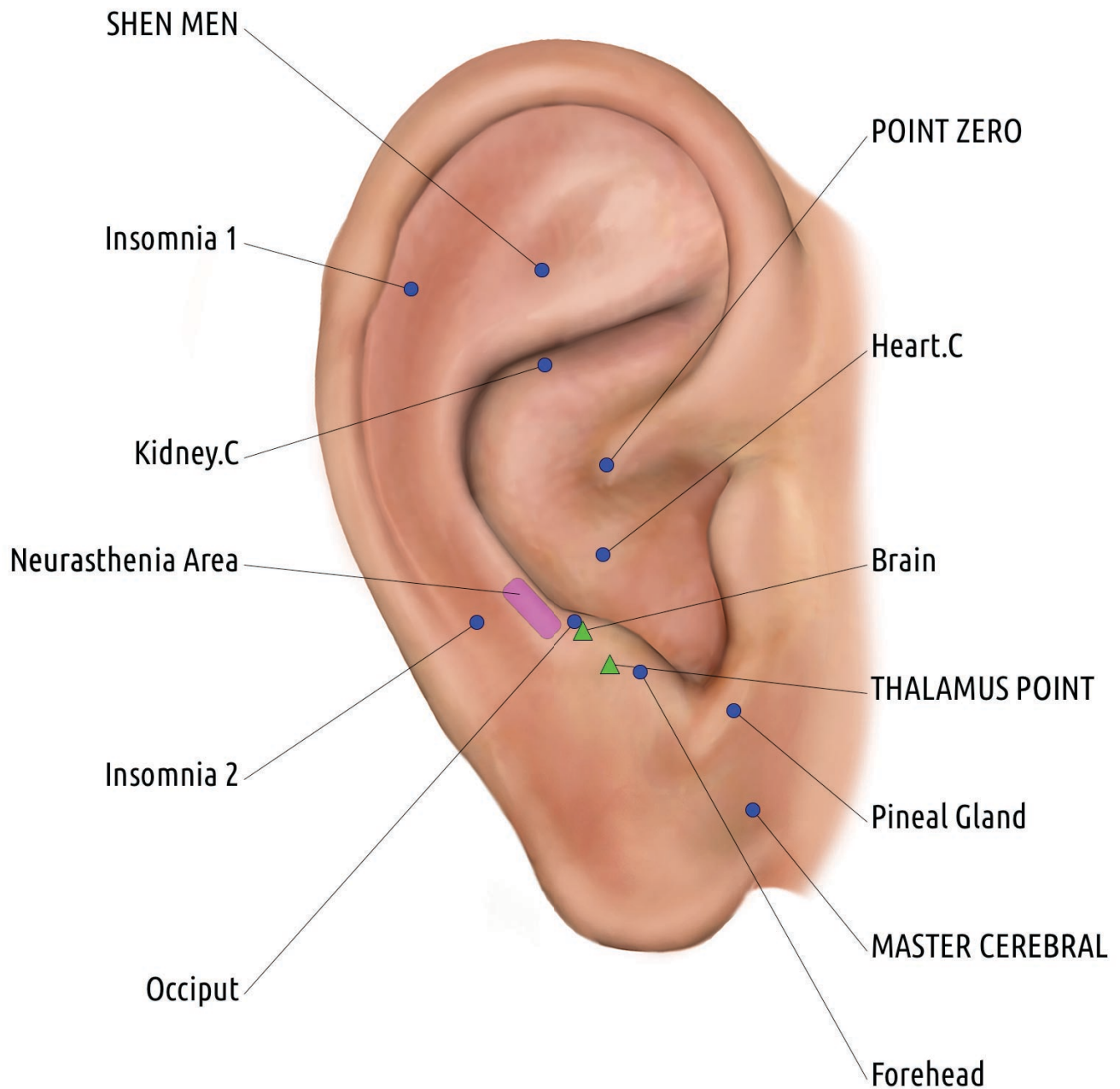
Small Intestine

Affects food absorption and digestive dysfunction: diarrhea, bloating, indigestion, lactation problems, neck pain, bowel function.

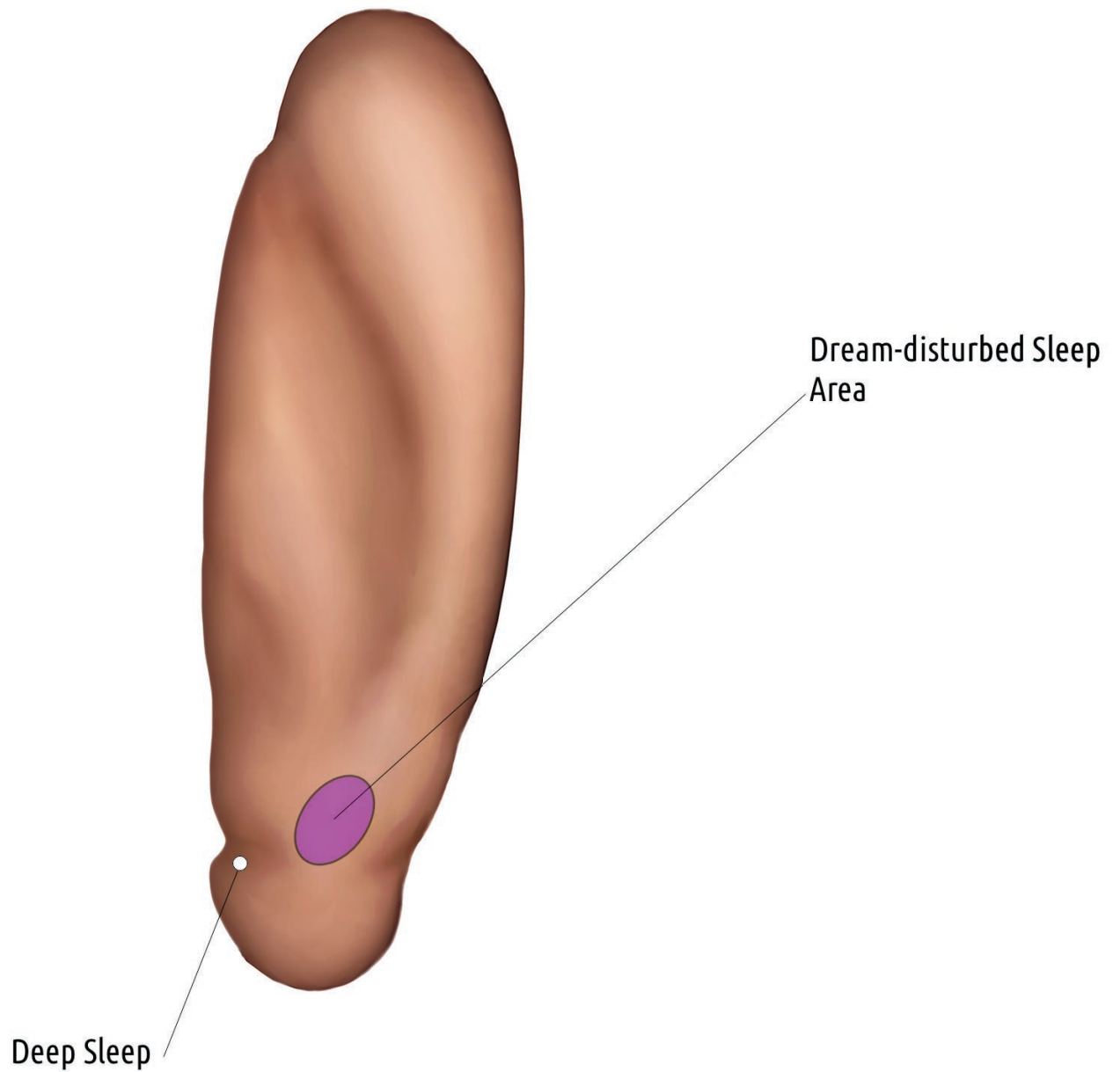
Stomach

Used for eating disorders, hunger management, ulcers, acid reflux, nausea, vomiting, belching, gastritis, peptic ulcer, and lactation.

Insomnia



Insomnia



Protocol Information

Description

Insomnia is defined as difficulty falling asleep or staying asleep and not feeling refreshed in the morning. Insomnia leads to irritability, depression, difficulty staying focused, headaches, and gastrointestinal symptoms.

Causes

Common causes of insomnia include stress, anxiety, depression, medications, caffeine, nicotine, alcohol, medical conditions, and eating too late at night.

Point Information

Brain

Affects the cerebral cortex: memory, attention, thought, awareness, consciousness, intelligence; blood supply to the brain; affects the pituitary; central nervous system: headache, loss of feeling, memory loss, muscle weakness, tremors; digestive system disorders; endocrine disorders; relieves pain; eases the mind.

Deep Sleep (Posterior)

Used for difficulty falling asleep, dream-disturbed sleep, easily awakened during sleep.

Dream-disturbed Sleep Area (Posterior)

Treats insomnia and dream-disturbed sleep.

Forehead

Used for frontal headache, sinusitis, rhinitis, common cold, heaviness of the head, worry, anxiety, vision problems, dream-disturbed sleep, dizziness, high blood pressure, epilepsy, lethargy, depression; lowers waking threshold to address enuresis. See also: Forehead (Posterior) point

Heart.C

Used for blood pressure, shock, chest pain, heart disease, angina, hypertension, hypotension, tachycardia, arrhythmia; improves blood circulation in extremities to increase skin temperature.

Insomnia 1

Used for insomnia, nervousness, depression.

Insomnia 2

Used for insomnia, nervousness, depression.

Kidney.C

Stimulates the secretion of renin and angiotensin to increase blood pressure.

Master Cerebral

Addresses pre-frontal lobe of brain. Affects decision making and initiates conscious action. Used for nervous anxiety, fear, worry, obsessive-compulsive disorders. Neurasthenia includes lassitude, irritability, lack of concentration, anxiety, and extreme fatigue. This point addresses these symptoms and promotes deep sleep.

Neurasthenia Area

Neurasthenia area is used to supplement the neurasthenia point to strengthen the treatment. Also used for insomnia.

Occiput

This point is very dynamic and is one of the most-used points on the ear. The occiput is a region that connects directly with the brain and the spinal cord; thus its list of functions is nearly endless. Tranquilizes the mind, addresses headache, temporomandibular joint dysfunction, emotional disorders, anxiety; lowers blood pressure; treats neurological disorders: seizures, epilepsy, facial spasms, dizziness, vertigo, shingles, tinnitus; vision and hearing disorders. See also: Occiput (Posterior) point

Pineal Gland

Affects melatonin production, which is responsible for wake and sleep cycles and seasonal adaptation. Treats depression, insomnia, seasonal affective disorder (SAD).

Point Zero

Brings the whole body to homeostatic balance; balances energy, hormones, and brain activity; supports the actions of other points; controls visceral organs through the peripheral nerve ganglia. Promotes willpower.

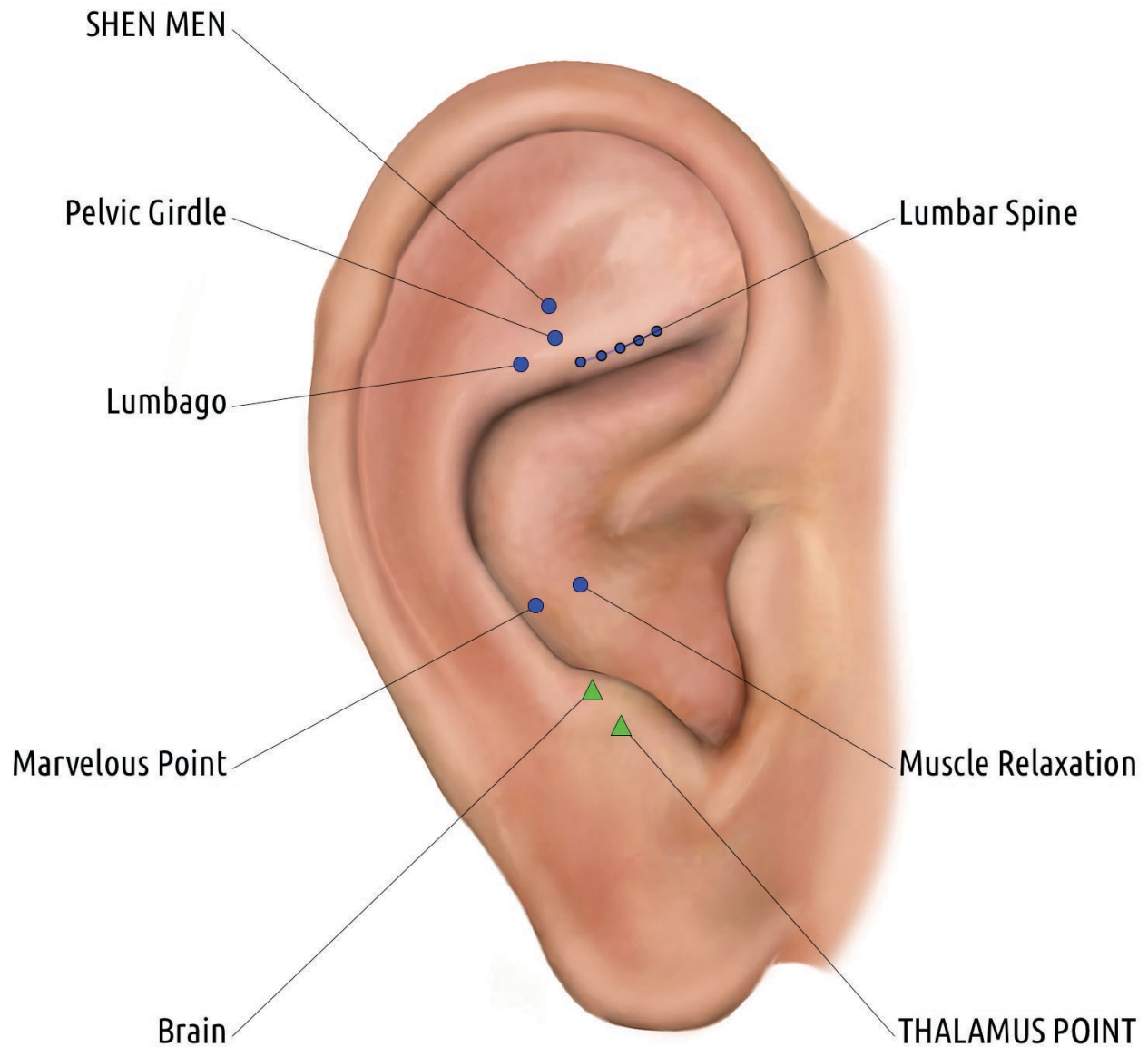
Shen Men

Tranquilizes the mind, allows a connection to one's spirit; alleviates stress, pain, convulsions, tension, anxiety, depression, insomnia, restlessness, excessive sensitivity; reduces coughs, fevers, inflammatory diseases, epilepsy, high blood pressure. Helps all other auricular points work better. Key point for alleviating pain.

Thalamus Point

Regulates over excitement: anxiety, depression, and schizophrenia; restores tranquility; reduces chronic pain; tonifies the brain and calms the mind; used for drug detoxification; water metabolism; internal organ functions.

Back Pain - Low Back



Protocol Information

Description

Pain or discomfort of the low back, which can be caused by trauma, musculoskeletal malfunction, inflammation, metabolic disease, metastasis, or referred pain.

Point Information

Brain

Affects the cerebral cortex: memory, attention, thought, awareness, consciousness, intelligence; blood supply to the brain; affects the pituitary; central nervous system: headache, loss of feeling, memory loss, muscle weakness, tremors; digestive system disorders; endocrine disorders; relieves pain; eases the mind.

Lumbago

Relieves low back pain.

Lumbar Spine

Used for pain related to the lumbosacral region: lumbago, muscle strain, sciatica, disc degeneration, etc.

Marvelous Point

Restores parasympathetic balance, lowers high blood pressure, relieves muscle tension.

Muscle Relaxation

Major point for relieving muscle tension, used for anesthesia.

Pelvic Girdle

Used for pain in the pelvis, groin and low back; hernia, digestive disorders, pelvic inflammatory disease, vaginitis, sexually transmitted diseases and dysmenorrhea.

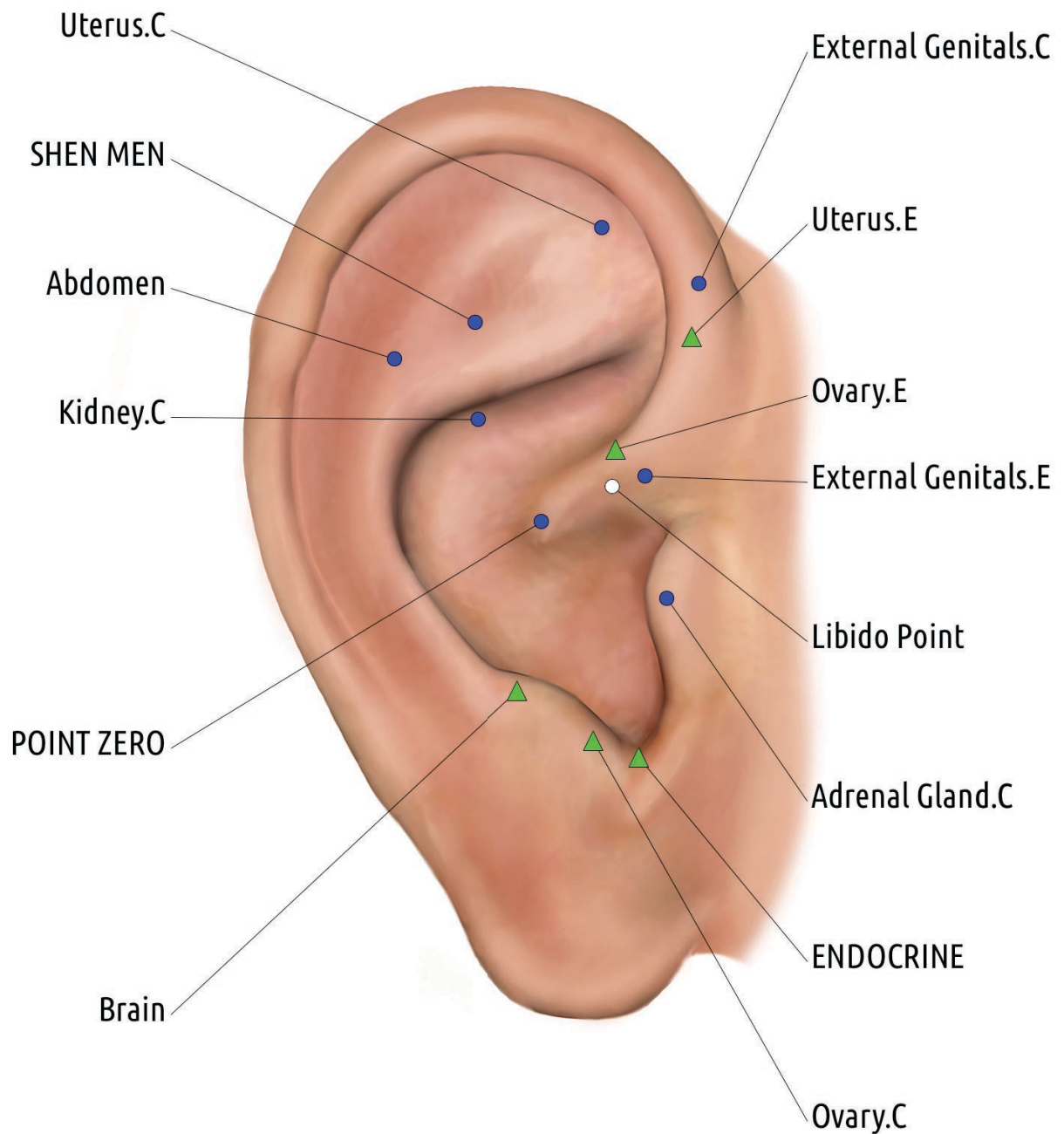
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Infertility



Protocol Information

Description

Infertility is defined as not being able to get pregnant even when having frequent unprotected sex for over a year.

Causes

The cause or causes of infertility can involve one or both partners. Female infertility may be from blockage or damage to the fallopian tube, endometriosis, ovulation disorders, elevated levels of prolactin, polycystic ovary syndrome, early menopause, uterine fibroids, or pelvic adhesions. Male infertility can also be caused by multiple issues such as impaired production or function of sperm, impaired delivery of sperm, stress, obesity, alcohol and drugs, and environmental exposure to heat, toxins, and pesticides.

Point Information

Abdomen

Used for abdominal pain, lumbar pain, hernias. Strengthens peristalsis.

Adrenal Gland.C

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Endocrine

Balances the endocrine hormones to raise or lower glandular secretions; used for hyperthyroidism, diabetes mellitus, hypersensitivity, rheumatism, urogenital disorders, climacteric syndrome (the time in a woman's life when ovaries begin to decline and eventually stop producing eggs); activates the pituitary gland of the brain (master gland of the brain which controls all other endocrine glands); has anti-inflammatory and anti-allergic effects. Assists absorption and digestion functions; promotes water metabolism.

External Genitals.C

Used for erectile dysfunction, lack of libido, impotence, low back pain, inflammation of scrotum or penis, vulvular pruritis.

External Genitals.E

Used for erectile dysfunction, lack of libido, impotence, low back pain, inflammation of scrotum or penis, vulvular pruritis.

Kidney.C

Stimulates the secretion of renin and angiotensin to increase blood pressure.

Libido Point

Treats decreased sexual desire, impotence.

Ovary.C

Used for irregular menstruation, gynecological disorders, sexual disorders, orchitis, inflammation of scrotum, impotence, libido. Regulates release of sex hormones FSH and LH from the pituitary.

Ovary.E

Used for irregular menstruation, gynecological disorders, sexual disorders, orchitis, inflammation of scrotum, impotence, libido.

Point Zero

Brings the whole body to homeostatic balance; balances energy, hormones, and brain activity; supports the actions of other points; controls visceral organs through the peripheral nerve ganglia. Promotes willpower.

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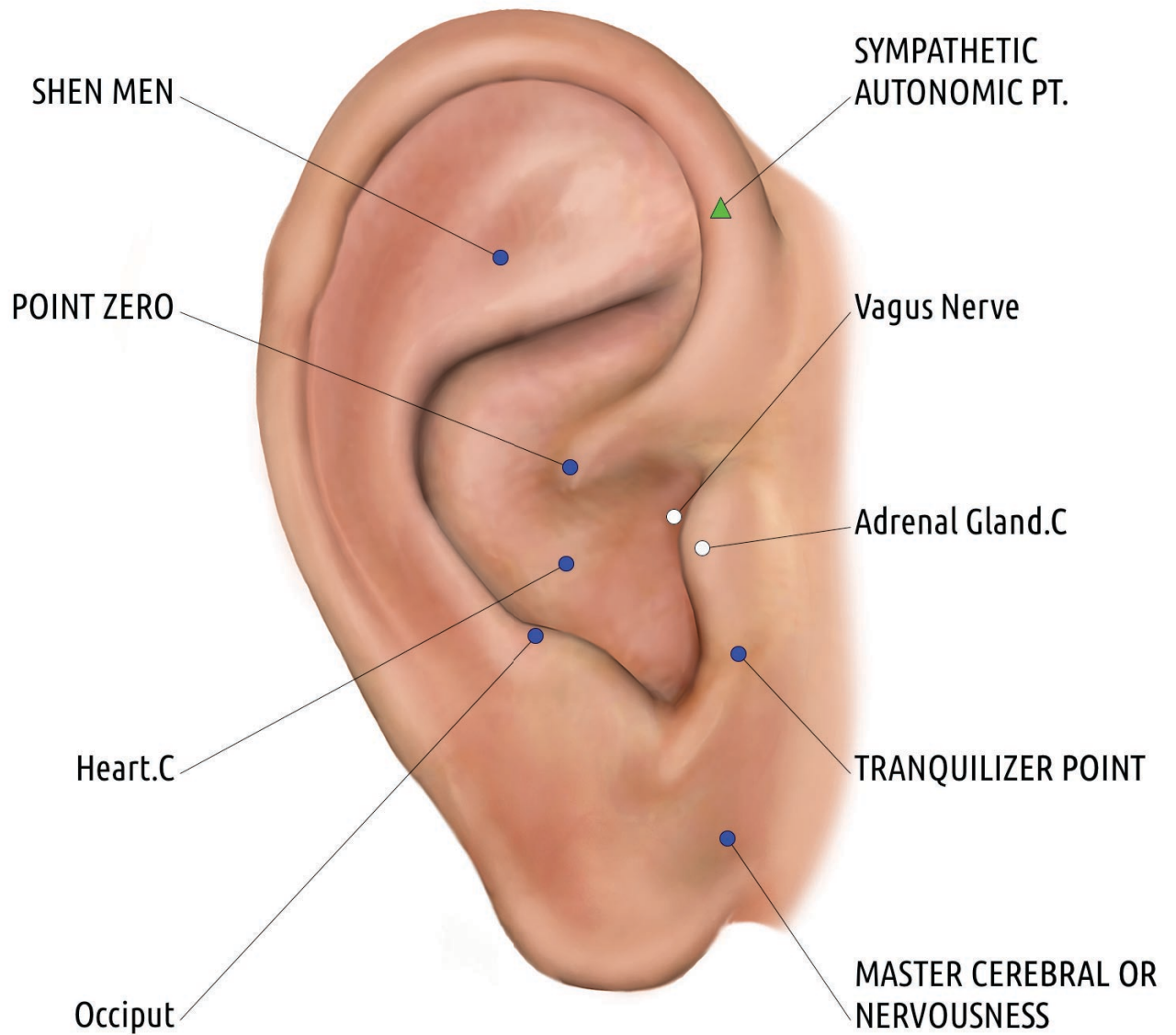
Uterus.C

Used for premenstrual syndrome, pelvic inflammatory disorder, endometriosis, infertility, menstrual disorders. This point can help induce labor; use caution with pregnant women.

Uterus.E

Used for premenstrual syndrome, pelvic inflammatory disorder, endometriosis, infertility, menstrual disorders. This point can help induce labor; use caution with pregnant women. Used for inflammation of the fallopian tube, salpingitis, pelvic inflammatory disease.

Anxiety



Protocol Information

Description

Anxiety is a relatively constant state of worry and fear, which is out of proportion to the actual level of stress or threat in one's life. Anxiety can be caused by a physical or psychological stimulus, producing mental and/or physiological reactions leading to illness.

Causes

Studies show anxiety can be caused by heredity, brain chemistry, personality, and life experiences.

Point Information

Adrenal Gland.C

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Heart.C

Used for blood pressure, shock, chest pain, heart disease, angina, hypertension, hypotension, tachycardia, arrhythmia; improves blood circulation in extremities to increase skin temperature.

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Nervousness

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Sympathetic Autonomic Pt.

Affects sympathetic/parasympathetic nervous system balance. Used for pain in the abdominal organs and spasms in the smooth muscles; asthma; affects equilibrium; improves blood circulation by producing vasodilatation; used for phlebitis, Raynaud's vasculitis, stress-related health disorders; reduces gastric acid secretion.

Tranquilizer Point

Used for general sedation, overall relaxation, anxiety, hypertension, chronic stress.

Vagus Nerve

Regulates heart rate, blood pressure, and anxiety through parasympathetic response. Can be used for smoking cessation.

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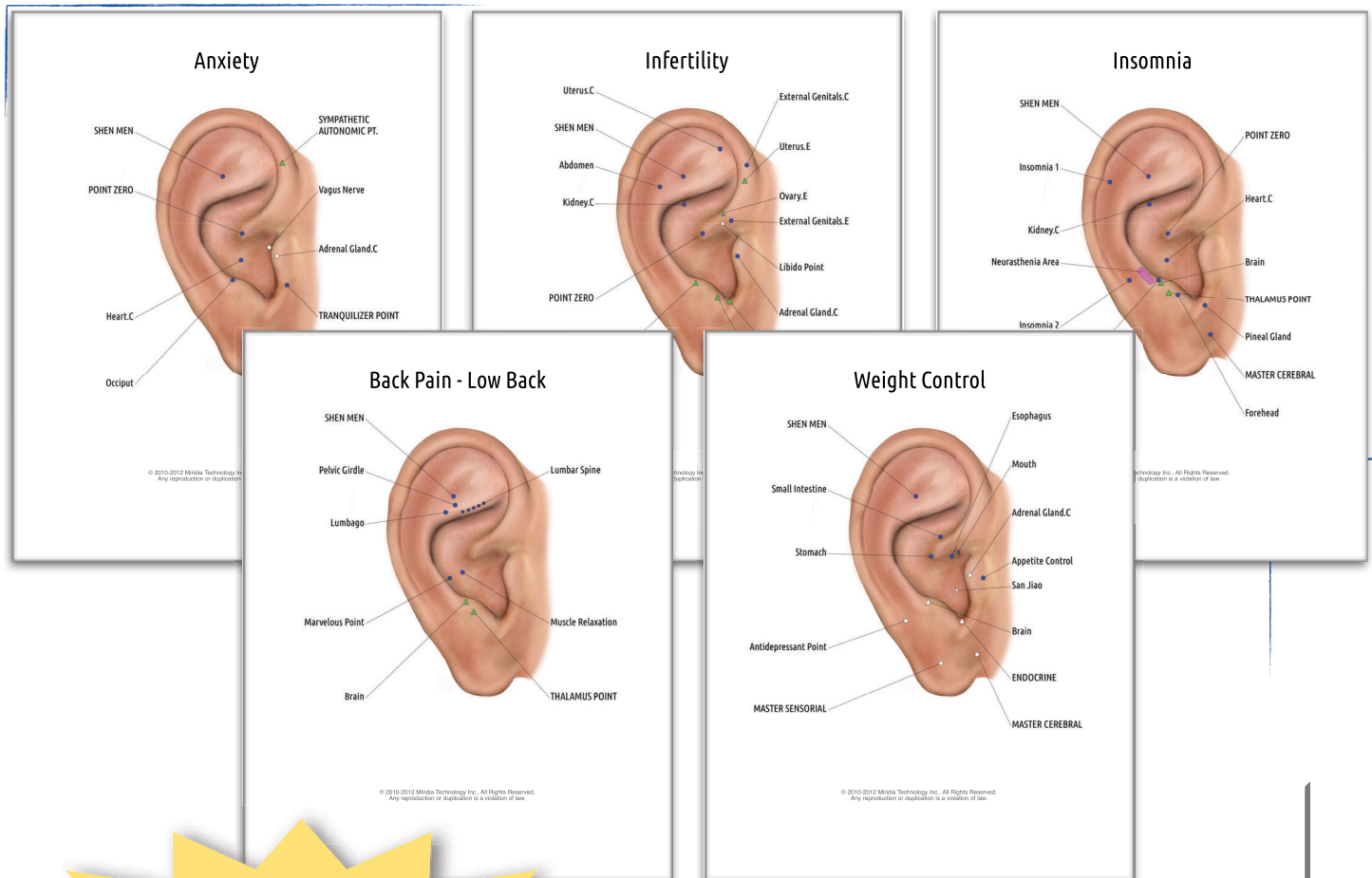
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